



MISSION OF MAITREYA NEWSBRIEF APRIL, 2007

LATEST SATSANG WITH MAITREYA APRIL 7TH

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[SEE THE TOPICS COVERED](#)**

QUOTE OF THE MONTH

"We have to create the culture of God. We have to turn around and see His Ways, His Opinions, and His Ideas. What did He reveal in His Scriptures, the way we should live? How did He create this universe that guides us to go back to God and experience the oneness with God? This is the time. We will see." [READ MORE....](#)

GLOSSARY WORD OF THE MONTH

Concepts: those ideas which we believe because we were told to believe them.

Every person is born into a family, society, culture and environment that influences and shapes his beliefs. These beliefs create a system of values which represent the base of that culture and in return again affect the person. Therefore ideas and beliefs are instilled in the person without him even questioning them.

However there are spiritual truths which are the only true beliefs to follow. When a belief in society or a person is different than the truths in the universe, that belief becomes a concept which is an obstacle in the path of the person's progress.

That is why each person should question his own and society's values and beliefs. He should then seek and find out the true values and replace the false ones with these true ones. Only then can man make himself free from all the bondage which has been imposed on him. That is why God has sent the Scriptures to man, so that they can be a guidance for him. Man might then find the way to the truth if he understands the real meaning behind the symbolic language of the Scriptures, or if he finds a true teacher to show it to him.

A QUESTION ABOUT THE MEDITATION PROCESS

Sal-om **Maitreya**-ji,

My question is about the process of meditation. There is the part when we are to visualize peace on earth, and good will to all men...I find this hard to visualize...I try to imagine and see people living in Communities Of Light all over the world. Then lately I have been seeing **The Greatest Sign** come down from the sky and encircle the world, around the equator (like I mentioned before to you) with the HOSH in the middle at the two poles. Is this OK to visualize like this (do not want to change the process)?

Also the part about the blue light, from the Center of the Universe (God) entering my toes, then going up my legs, then to my first chakra, then second chakra, etc... That is another thing I have trouble visualizing...I had an idea where my first chakra is...but then it became the First Seal, at the area of the first chakra at my spine, and then became a brilliant white beautiful I-Ching...then the light moved up to the Second Chakra, and there was the Second Seal, Seal of Solomon, brilliant white, and then the Third chakra in my navel area, with a beautiful white cross as the Third Seal, and then up the spine to the Fourth Chakra, the sign of Islam,,,,,.....etc. to the Seventh Chakra (HOSH) at the top of my head.

It seemed much easier to visualize the Seals in my chakras, and the white light turned them a beautiful white. Is this ok to do, or is it changing the Process that you have given us? I do not want to change the process.

Thanks always.

Sal-om

A disciple

ANSWER FROM MAITREYA

If a visualization, feeling, thought, image, etc. persisted in your meditation, do not fight it. You can follow this persistent situation and follow where it takes you. See if you can make this situation to lead you back to the process that is recommended to follow. For example, can the Seals you see in different chakras be seen as the original blue light? Or do they burst into that light again, etc.? Do the brilliant Seals you see in each chakra seem to purify each chakra and make them cleaner, and you feel you are overcoming their tendencies? The Goal of meditation is to become One with God. It means to become more Perfect each day. Does this help you in this process, or is this an obstacle in your meditation and Goal?

Each person can tailor their meditation and progress to their personal liking, to a limited extent. However, be aware that there are many tricks that mind (ego) will bring to your meditation that are not helpful, but can be an obstacle in your way to reach the Goal. Although we do not want to make the meditation process rigid and inflexible, we also do not want to encourage these obstacles that can hinder you. Probably the rule of thumb is: Do these visions, visualizations, etc. help you in your meditation or are they hindering? Hindering usually occurs when your mind wanders away from your Goal, to finish the process, and complete your meditation. If that is the case, gently bring your mind back to the process and the meditation, and complete the process and the meditation. If the situation persists, follow to see where it takes you. If again you realized that it does not go anywhere helpful and/or makes your mind wander into many thoughts and away from your control, then again gently bring your mind back to your meditation process and completion of your meditation.

The idea of the process is to gain control over where your mind wants to go. Ego surely will trick us in any way it can. Our job is if the process we are going through is affected by these tricks, or what we experience is Spiritual and helpful to our Goal, which is: Controlling the mind, Understanding the Teachings, Realizing the Goal of Life, and Becoming One with God. Do not fight the distractions and/or experiences you have through your meditation, but become aware of their existence. Any time you realized that what you see or feel is a trick to take you away from the Goal, gently bring your mind back to the process and the meditation and tell the ego, NO, I cut YOU ego, you are not in control, I AM. The more you succeed to do this, the more successful you will be in your Meditation!

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DO YOU KNOW HOW TO USE THE FTP?

The Mission **FTP** is free and available for anyone to download selections of Satsangs given by **Maitreya**, the HOSH Mantra Chants, Order of Service, The Reminder, The Letter to Humanity, Videos of **Maitreya** and much more.

Many people are interested to know how to make a CD for personal use. Anyone can simply download the files from the FTP by following the on-line instructions, save them to your computer and burn your own CD! You could also:

1. Hand them out to friends;
2. Wake to the HOSH mantra playing in your CD alarm clock (great way to start the day!);
3. Listen to Satsangs or the Chant CD while driving in your car;
4. Have an Order of Service CD available so a local group can hold Mission Services in your area;

5. Send free copies of CDs to organizations or interested people.
6. Make as many copies of the [Letter to Humanity](#) and pass them out.
7. Any other ideas? Please share!

IDEAS SUBMITTED ON SENDING THE LETTER TO HUMANITY

Dear Mission,

You had asked for everyone to share about how we are sending out the "Letter to Humanity," and what kind of response we are receiving. These are the things I am doing right now. I am committed to sending out at least 10 letters a week; usually it is 20 to 30.

It was easy to print the letter and get back-to-back copies, so it fits on two sheets of paper, so only a regular stamp is needed to mail out. I have sent the letter to my relatives and friends.

Addresses for meditation groups, spiritual groups, yoga classes, etc. were found in the yellow pages. Also I picked up a "Independent Business Alliance" book at a restaurant, and am sending the letter to them. I left some letters at this restaurant.

Anytime I hear a person on the radio, or on TV, talk about Global Warming, peace in the world, health food, yoga, etc, they receive a letter. It is usually easy to find either an email address, or mail address, by doing a search for that person's name in the Internet.

Another way to find email addresses is to put the words "addresses for spiritual groups" or "directory of ministers," or "email address for peace groups." Sometimes you will find a whole list of email addresses.

Also there is a group in Pal Talk now that has the letter being broadcast continually. Many people are joining and listening to the letter. Everyone is welcome to join that group; currently it is in the Miscellaneous section. It will be moved around to other sections, but if you put it on your favorites list, you can find it wherever it is.

Sal-om

A disciple

RECENTLY ADDED SATSANG TRANSCRIPTS TO THE MISSION WEBSITE

2-11-06 [LISTEN](#) [READ](#) [TOPICS COVERED](#)

5-06-06 [LISTEN](#) [READ](#) [TOPICS COVERED](#)

NEW PALTALK ROOM FEATURING THE LETTER TO HUMANITY

More and more people are hearing the **Letter to Humanity through Paltalk** in an ongoing room. It is moved to different categories for maximum exposure so you can add the room to your Favorites Room List and automatically enter wherever the room is being played through your Favorites.

ARTICLES WHICH SUPPORT THE MISSION TEACHINGS!

If you find an interesting article to share which support the Mission Teachings, please be welcome to share it. Send to: article@maitreya.org

WHY SCIENTISTS CANNOT GRASP CONSCIOUSNESS

In many religions, consciousness is closely tied to the ancient notion of the soul, the idea that in each of us, there exists an immaterial essence that survives death and perhaps even predates birth. It was believed that the soul was what allowed us to think and feel, remember and reason. [READ MORE.....](#)

REACH TO SPACE...

There are unlimited resources in space so that man does not have to fight over the limited resources on earth. Here is one way it is becoming more of a reality! Science confirms our teaching! [READ MORE....](#)

SURELY THERE ARE SIGNS.....

- In this day and age, it seems like everyone thinks "they know" and no one else does,
- The different religions say only they have the truth,
- Psychologists say they understand, yet depression/suicide/low morals and dissolving families are rampant,
- The politicians think they know how to solve the problems of the world, yet the world is at war and falling apart,

- The businessmen look to the 'bottom line' as their only truth and the poor get poorer
- and the social classes are becoming more frustrated,
- Preachers, mullahs, rabbis, gurus all interpret according to their own knowledge and understanding, not God's Understanding,
- Climate changes and pollution results from man's carelessness and using science in a ungodly way which creates side effects,

For those who observe [SEE VIDEO](#) "No one knows the whole Truth until the Seventh Angel". Be welcome to post this video on blogs, podcasts, chat forums, etc. so to create an interest in the rest of God's Plan!

Subscribe – click [HERE](#)

Questions – questions@maitreya.org

Unsubscribe – unsubscribe@maitreya.org

Please be welcome to forward this News Brief to your contacts.

We are looking for people who would like to write articles for this News Brief and our Newsletter. There are many topics in the Mission that can be used to write about: the Communities Of Light, Eternal Divine Path, Cyclical Movements presented to humanity by **Maitreya**, our System, etc. There is no limit to what you can write about the Mission.

Send your articles to:

News_brief@maitreya.org and/or Newsletter@maitreya.org

NEXT SATSANG WITH MAITREYA IS
MAY 5TH, 2007
2:00 PM MOUNTAIN TIME ZONE
IN THE ALL RELIGIONS UNIFIED ROOM IN PALTALK

SAL-OM!