# THIRTY-THREE VIRTUES

Eternal Divine Path, Mission of Maitreya

# 1- Fearlessness



# 2- <u>Purification</u> of one's existence



# 3- Cultivation of spiritual and intellectual knowledge



# 4- Charity



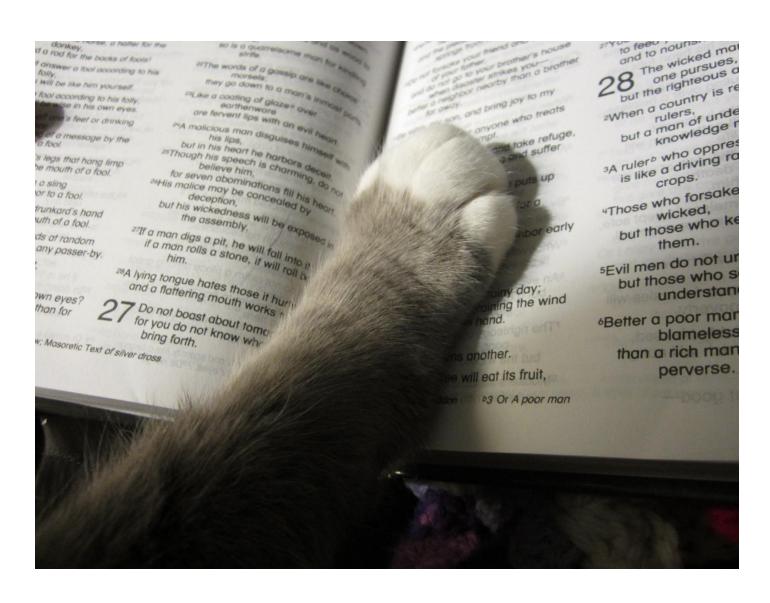
# 5- Self-control (perpetual restraint of behavior and temper)



6- Performance of <u>sacrifice</u> -- selfless <u>service</u>, not being self-centered, to be(come) humble.



# 7- Study of Spiritual Scriptures



# 8- Austerity and simplicity



# 9- Non-violence (not violating the <u>Daharma</u> of things)



# 10- Truthfulness



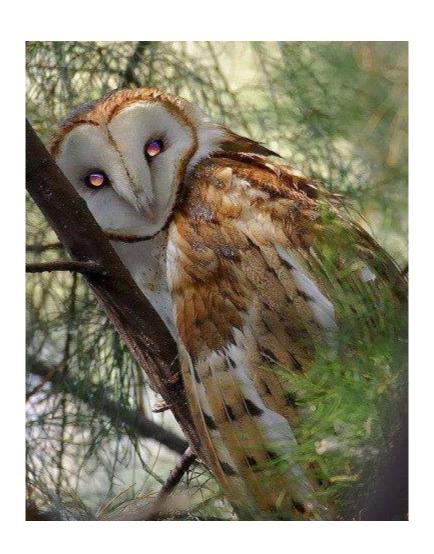
# 11- Freedom from anger



# 12- Renunciation (to offer the result of your actions to the Lord, and ideate that your body is a tool for Him to perform <u>Divine actions</u>)



# 13- Tranquility (magnanimity of mind)



# 14- Aversion to faultfinding



### 15- Compassion and freedom from covetousness



#### 16- Gentleness



# 17- Modesty and steady determination



# 18- Vigor



# 19- Forgiveness



#### 20- Fortitude



#### 21- Cleanliness



# 22- Freedom from envy



#### 23- Patience for honor



# 24- Readiness to <u>sacrifice</u> everything of individual life for the ideology



### 25- Sweet and smiling behavior





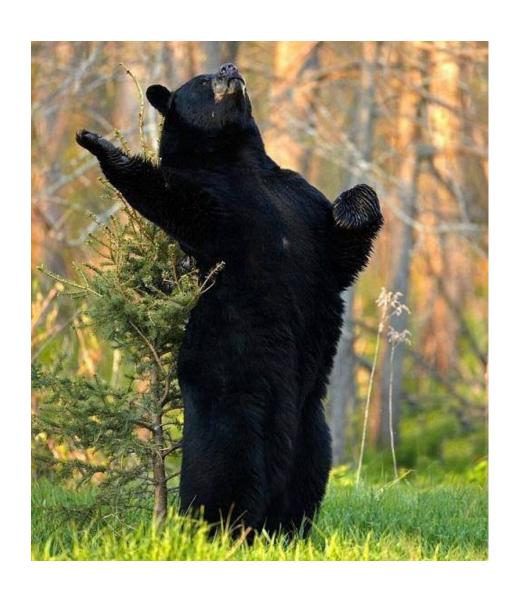




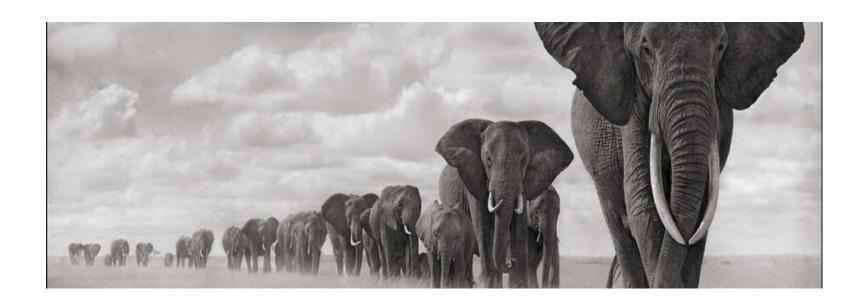




# 26- Moral courage



# 27- Setting an example by individual conduct before asking anyone to do the same



#### 28- Strict adherence to the Fifteen Commandments







#### **Five General Commandments:**

- 1- **Submission**: The Divine Father in heaven is One, Invisible, Nameless, and the Greatest.
- 2- **Surrendering**: Do not go to complete prostration (submit) to anyone or thing except Him, the words revealed through His Prophets, and **The Greatest Sign**, which clarifies the confusion between all.
- 3- **Goal of the Life**: Remember the goal of the life, which is to reach Pure Consciousness and help others to reach the same.
- 4- **Messengers**: Consider the Prophets, Satgurus, Avatars, or likewise as God's Messengers to bring His Messages and Laws to humanity.
- 5- **Elects**: Accept Paravipras as the Chosen Ones to establish and enforce the Laws, and to spread the Messages of God and establish the Kingdom Of Heaven.

# 28- Strict adherence to the Fifteen Commandments (continued...)







#### **Five Observing Commandments (Yama):**

- 6- **Non-violence**: Not violating the Daharma.
- 7- **Truthfulness, with Discriminating Mind:** To guide all thought, speech, and action with the spirit of welfare.
- 8- Not to Steal (Non-Stealing, physically, mentally, or spiritually): Do not take things which belong to others, by thought, by taking (action), or by preventing them from doing their duties or possessing things which belong to them.
- 9- **Non-Indulgence**: Not to indulge in the enjoyment of such amenities and comforts as are superficial to the preservation of life.
- 10- **Attach to God**: To keep the mind immersed in the ideation of God, to remain attached to God, and to accept Him as the only Refuge, the only King, and His Laws as the only Laws.

# 28- Strict adherence to the Fifteen Commandments (continued...)







#### **Five Action Commandments (Niyama):**

- 11- **Internal and External Cleanliness**: To maintain purity and cleanliness of mind, body, and environment.
- 12- **Contentment and Mental Ease**: To remain in a state of mental equanimity and contentment.
- 13- **Satsang**, **Service**, **and Meditation**: To attain true Satsang (when people talk only about God, the universe and His Will), to practice penance in the service of others (as being done for the Lord, in creating **Communities of Light**), and to sincerely meditate and/or do **The Reminder** at least twice a day.
- 14- **Understanding God and His Laws through the Scriptures**: To clearly understand the underlying meanings of the Scriptures and discourses of spirituality.
- 15- **To Be(come) Divine**: To strive to become perfect in our actions as God is, to ideate that He does the Divine actions through us, and to become a perfect instrument for His Will to be done, until able to radiate His Divine Universal Truth through ourselves.

# 29- Constant contemplation of **The Greatest Sign**



30- Even while dealing with a person of inimical nature, one must keep oneself free from hatred, anger, and vanity



# 31- Keep aloof from talkativeness (idle talk)



#### 32- Obedience to the structural code of discipline





# 33- Sense of responsibility



#### Sal-Om!

